

# **I TOP TIPS FOR WRITING YOUR LETTER**

**Writing and sending a letter is a really personal way to show that you are thinking of someone.**

Taking the time to sit down and think about what you want to say can show someone how much you care and want to support them. Below are some great tips on how to write a letter and what to include!

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**Get creative with your letters and make it individual to you!  
You could add pictures and colours to really bring it to life!**

Remember to share a picture of your letter with Saints Foundation for a chance to win some Saints goodies by posting it on your social media, tagging us Saints Foundation and including the hashtag **#GetInTouch**.



## **1. Introduce yourself**

Let them know who you are by telling them your name and about yourself

## **2. What have you been doing?**

Let them know what you have been up to recently. Have you come up with any new games or activities? Tried something new? Challenged yourself?

## **3. What are you looking forward to?**

Tell them what ideas you have for doing in the future. Are you excited to play with your friends again? Are you going to try a new sport? Have you got a new interest you can explore?

## **4. What could they do to keep busy?**

Share some advice on how someone who is isolating at home can stay busy and active. Could you set a daily challenge such as seeing how many pairs of socks they could throw in a basket in 30 seconds? Let them know your score!

## **5. Ask them some questions**

Ask them about what they like to do for fun. Which football team do they support? What books do they like to read? What have they been doing to keep busy during isolation?

## **6. Sign off**

Make sure to sign off the letter, you could use:

- Yours sincerely,
- Kind regards,
- Yours truly,
- Can you think of any others?